

Information for Those Who Have Been Tested for Covid-19

PCR testing is performed to see if the Coronavirus, SARS CoV-2, could be the cause of your symptoms. The test results normally come within a week.

Even if you don't feel unwell while you're waiting for the results, it's very important to reduce the risk of infecting others by:

- Stanna staying at home, and avoiding contact with others
- keeping a distance between yourself and others when outside
- coughing and sneezing into your arm, and washing your hands often
- avoiding travel, and not using public transport
- getting in touch before health care appointments to let them know that you're waiting for test results

If your symptoms get worse, contact your health care provider by calling 1177 or your health centre, or log on to 'Digitalen'. If it's an emergency, call 112.

How Will I Get My Test Results?

Log on to 1177.se to see test results, negative or positive. Select 'Journaltjänster' (Medical Record Services), and then 'Journalen' (Medical Records). To see your test results, select 'Meny' (Menu), and then 'Provsvar' (Test Results). To reach your child's medical records, log in to your own medical records, and switch to your child's medical records.

Children aged 13 – 15 get their test results sent by post, since medical records on 1177.se are not available for that age group.

If you've left a sample at self-testing, you'll find your results on 1177.se, select 'Egenprovtagning Covid-19' (Self-Testing Covid-19). If you've **activated text message notifications** on 1177.se, you'll also get a text message when the results are available. You can't get your test results via your health centre, or over the phone from 1177.

What Do the Results of the PCR Testing SARS-CoV-2 (Covid-19) Mean?

'Shown' means that the virus was found in the sample you gave.

You will be contacted by your health care provider for more information and rules to ensure that you don't spread the infection. You must follow the rules for as long as you are infectious. Normally, this applies until you have not had a temperature and have felt generally better for two days, but seven days should also have passed since your symptoms first appeared before you can be declared free from infection.

If you have household contacts, these will also be covered by special rules. For instance, this means that you must stay home from preschool, school and work from the day when you get your results, and normally until seven days have passed from the date when your sample was taken. You'll get more information via your test results on 1177.se.

'Not Shown' means that the virus could not be found.

This means that you likely did not have Covid-19 when the sample was taken. You can go to work once you've not had a temperature for two days, and feel generally better. If you get worse, however, you should contact your health centre for a new assessment.

There is more information on 1177.se.